From Penobscot Bay to Passamaquoddy Bay, the Downeast Fisheries Trail connects sites, such as museums and community resource centers, that illustrate the region’s maritime heritage past and present. Also included are places where the stories of people and the sea are intertwined, such as fishing harbors, clam flats, herring weirs, fish hatcheries, aquaculture facilities, and seafood processing plants.

Visitors can explore the whole trail over a few days, or visit a few sites in one region to learn how marine resources sustain the culture and economy of Downeast Maine and coastal Charlotte County, New Brunswick.